

February 2025



HelpNet Webinar

Understanding Neurodiversity

“Neurodiversity” is a word used to explain the unique ways people’s brains work. Being neurodivergent means having a brain that works differently from the average or “neurotypical” person. In this session we will learn what neurodiversity is and what it means to be a neurodivergent person. We will explore various neurotypes and gain an appreciation for the varied strengths and differences.

**Available on
demand**
..... **Starting February 1**

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