

March 2024



BULLYING: AWARENESS AND EFFECTIVE RESPONSE

HelpNet webinar

This training will cover three key areas: Bring awareness of bullying in both the workplace and schools through identifying the signs and behavior; discuss the negative impact and effects; introduce strategies & steps to combat and prevent bullying. We will discuss: the characteristics of bullies, typical characteristics of targets, characteristics and responsibilities of bystanders, recognizing the signs of a child who has been bullied, kinds and motivations of bullying, and how to prevent bullying.

AVAILABLE ON DEMAND STARTING March 1

To access Continuum's HelpNet, visit 4continuum.com and complete the member login at the top of the page. From HelpNet's home page, click the featured webinar of the month.

Available when you need us, Continuum EAP is a free, confidential program to help you balance your work, family and personal life.



- 402.476.0186|800.755.7636
- 4continuum.com
- easpecialist@4continuum.com

